

## **Counseling Letter to Parents: COVID-19**

Dear Parents:

As we go into a season of virtual learning, the counseling department wants to reach out to you to outline a few questions that have come up:

### **What to do if my student has been receiving counseling services?**

Depending on the school, if your student has already been interacting with the counseling department, the counseling department is still willing to interact with you or your student through a Google Meet 10 minute check in. This will depend on the counselors availability; however, feel free to contact the counselor who has been working with your child.

Elementary: Rachel Ritton - [rachelr@rosslynacademy.com](mailto:rachelr@rosslynacademy.com)

Middle: Brad Fuller - [bradf@rosslynacademy.com](mailto:bradf@rosslynacademy.com)

High: Joanne Heugel - [joanneh@rosslynacademy.com](mailto:joanneh@rosslynacademy.com)

### **What to do if I am concerned about my child's Emotional Health?**

If you are concerned about your child or would like to reach out to a counselor for extra support regarding your child's emotional/social/behavioral well-being, please email the designated counselor for your school:

Elementary: Rachel Ritton - [rachelr@rosslynacademy.com](mailto:rachelr@rosslynacademy.com)

Middle: Brad Fuller - [bradf@rosslynacademy.com](mailto:bradf@rosslynacademy.com)

High: Joanne Heugel - [joanneh@rosslynacademy.com](mailto:joanneh@rosslynacademy.com)

We may be able to provide support virtually or provide you with resources in working with your child. We may also be able to refer you to counselors in the area or who offer virtual services that may be able to better support your child.

### **What to do if you are Concerned about or Witness Inappropriate Use of Technology**

At Rosslyn, we value the safety of all our students and staff. We treat all of our personal interactions, whether online or in-person, professionally and expect appropriate conduct from our students and staff. If you are concerned about or notice inappropriate behavior occurring online between students, please contact your school's administrator. They will work to address the behavior as well as work with the school's student support team to follow-up with any students who may benefit from it. School administrators will notify student's parents of any inappropriate online activity following a report.

Elementary: Kim Gilmer - [kimg@rosslynacademy.com](mailto:kimg@rosslynacademy.com)

Middle: Tyler Heugel - [tylerh@rosslynacademy.com](mailto:tylerh@rosslynacademy.com)

High: Don Mercer - [donm@rosslynacademy.com](mailto:donm@rosslynacademy.com)

**Will the Counseling Department provide resources for parents during this time?**

Periodically, we will be posting resources on the school's website (see the Covid-19 section) that may be helpful to you as we navigate virtual learning and having the students at home. If you have any questions or ideas of topics you would like us to cover, please contact:  
[joanneh@rosslynacademy.com](mailto:joanneh@rosslynacademy.com).